



# SALA THONG

ศาลาทอง

*Welcome to Sala Thong. Our menu is a taste of Thailand and uses only the very best ingredients. Cooked and seasoned with authentic Thai spices. You will be able to savour Thai food presented in our unique manner.*

## STARTERS

THAI PRAWN CRACKERS	£2.95
<b>PORPIA PAK</b>	£5.95
Crispy spring roll with mung bean & vegetables	
<b>KHA NOM PANG NAH GOONG</b>	£5.95
Sesame prawn toast	
<b>PLA MIK KROB (GF)</b>	£5.95
Crispy squid with red chilli and sea salt	
<b>GAi SATAY (GF) (N)</b>	£5.95
Chicken skewers served with peanut sauce	
<b>MIANG GUAYTIEW PED GOONG (N)</b>	£6.95
Prawn and five spice duck wrapped rice paper rolls served with lime and chilli dip	
<b>SIAM PING (N)</b>	£7.95
Marinated lamb, pork, beef skewers served with assorted dips and sticky rice	
<b>SALA THONG PLATTER (N)</b> (MIN ORDER 2 PEOPLE)	£14.50
Crispy squid, wrapped roll duck, chicken skewers and sesame prawn toast	

## SOUPS

<b>TOM YUM GOONG</b>	£7.95
Traditional Thai hot and sour soup with prawn, lemon grass and mixed mushrooms	
<b>TOM KHA</b>	Chicken / £6.95
Silky coconut soup with fresh galanga and mixed mushrooms	Prawn / £7.95
<b>TOM YUM POATAK</b>	£7.95
Hot and sour soup with seafood and mixed mushrooms	

## SALADS

<b>SOM-TUM (N) (GF)</b>	£5.50
Spicy papaya salad with peanuts	
<b>YAM NUA YANG</b>	£7.50/£12.95
Grilled sirloin beef spicy salad with leaves and onion	
<b>NUA NAM TOK</b>	£7.50/£13.95
North-East of Thailand beef salad with slightly spicy roasted rice, chilli and Thai herbs	

## MAIN COURSES

<b>PLA TOD SAUCE TAKRAI (GF)</b>	£12.90	<b>PAD POH TAK</b>	£12.95
Sea bass fillet with lemon grass and Thai herbs		Wok fried mixed seafood with fresh chilli and garlic sauce	
<b>GAi PAD PREW WAN (GF)</b>	£8.90	<b>TIGER CRY (NUA YANG)</b>	£12.90
Sweet and sour chicken		Grilled marinated beef sirloin steak combined with spicy authentic Tamarind dip	
<b>PAD KRA PAO GOONG</b>	£12.90	<b>KHAO PAD SUPPAROD GAI GOONG (N)</b>	£13.90
Stir fried prawn with chilli, garlic and Thai holy basil		Pineapple fried rice with chicken, prawn, egg and cashew nut	
<b>MOO KROB PAD KRAPAO</b>	£9.90	<b>MOO KROB KATIAM PIK TAI</b>	£9.90
Pork belly stir fry with chilli garlic and basil sauce		Pork belly sautéed in cracked black pepper garlic sauce, mushroom and spring onions	
<b>GAi PAD MED MA MOUNG (N)</b>	£8.90	<b>NUA TOM KATI (GF)</b>	£13.90
Stir fried chicken with cashew nuts, dried chilli and spring onion		Slow braised beef in an aromatic coconut milk reduction sauce, finished with lemon grass, lime and chilli	
<b>PLA NIENG MANAO (GF)</b>	£15.50	<b>PAD SE EW GAI</b>	£10.90
Steamed whole sea bass with celery, lemon grass in a lime and chilli broth		Wok fried rice noodle with chicken and vegetables	
<b>PED PHAD MA KHAM</b>	£12.95	<b>PAD THAI GOONG (N)</b>	£12.90
Duck leg with pineapple in tamarind sauce		Pad Thai noodle with prawn, crushed peanut and bean sprout	
<b>PLA LAD PRIK (GF)</b>	£12.95	<b>PAD KEE MAO NUA</b>	£12.90
Pan fried salmon fillet with chilli paste and basil sauce		Wok fried spicy noodles with beef, vegetables and basil	
<b>GAE GAI YANG SONTUM (N)</b>	£16.90		
Grilled marinated chicken and lamb combined with papaya salad and sticky rice or egg fried rice			

## SIDE DISHES

<b>PAD THAI JAN LEK (N)</b>	£7.50
Pad Thai noodle with prawn, crushed peanut and bean sprout	
<b>PAD PAK RUAM</b>	£6.50
Wok fried mixed vegetables with garlic and oyster sauce	
<b>PAD PAK KIENG</b>	£6.50
Fried mixed vegetables with fresh ginger, soya bean, garlic and oyster sauce	
<b>KAO SAUY / Jasmine rice</b>	£2.50
<b>KAO KATI / Coconut rice</b>	£3.50
<b>KAO NIEW / Glutinous rice (Sticky Rice)</b>	£3.50
<b>KAO PAD KAI / Wok fried rice with egg</b>	£3.00

(N) Indicates Nuts (GF) Gluten Free All prices include V.A.T of 20%  
Allergies advice: We cannot guarantee that any items are completely allergen free due to being produced in a kitchen that contains ingredients with allergens as well as products that have been produced by suppliers.  
If you have questions on ingredients or need allergy advice, please ask your waiter.

## VEGETARIAN DISHES

### STARTERS

<b>MIANG GUAYTIEW TOFU (N)</b>	£5.50
Marinated tofu wrapped rice paper rolls served with lime and chilli dip	
<b>PAK CHUB PANG TOD</b>	£5.50
Mixed vegetable tempura served with sweet chilli dip	
<b>PORPIA PAK</b>	£4.50
Crispy spring roll with mung bean and vegetables	

### SOUP

<b>TOM KHA TOFU (GF)</b>	£5.95
Silky coconut soup with tofu and fresh galanga and mixed mushrooms	
<b>TOM YUM PAK (GF)</b>	£5.95
Hot and sour soup with vegetables and mushrooms	

### MAIN COURSE

<b>GANG KEAW WAN PAK</b>	£7.95
Classic green curry with tofu, Thai egg plant and sweet basil leaves	
<b>PAD KRA PAO JAY</b>	£7.95
Stir fried tofu with chilli, garlic and Thai holy basil	
<b>KHAO PAD SUPPAROD JAY (N)</b>	£9.90
Pineapple fried rice with tofu and cashew nut	
<b>PAD THAI TOFU (N)</b>	£8.50
Pad Thai noodle with tofu, crushed peanut and bean sprout	
<b>PAD SE EW TOFU</b>	£8.50
Wok fried rice noodle with tofu and vegetables	
<b>PAD KEE MAO TOFU</b>	£8.50
Wok fried spicy noodles with tofu, vegetables and basil	

### SIDE DISHES

<b>KAO SAUY / Jasmine rice</b>	£2.50
<b>KAO KATI / Coconut rice</b>	£3.50
<b>KAO NIEW / Glutinous rice (Sticky Rice)</b>	£3.50

## CURRIES

<b>GANG KEAW WAN GAI</b>	£8.90
Classic green curry with chicken, Thai egg plant and sweet basil leaves	
<b>GANG KUA GOONG</b>	£12.95
King prawn in an authentic sharp spicy curry perfectly balanced with pineapple and kaffir lime leaves	
<b>GANG MASSAMAN NUA (N) (GF)</b>	£9.90
Southern Thai massaman beef curry with potato, peanut and shallot	
<b>PLA CHU CHEE</b>	£12.95
Monkfish in rich aromatic curry sauce finished with kaffir leaves	
<b>GANG PHED PED YANG</b>	£12.95
Sliced duck breast in red curry sauce with pineapple, lychees, cherry tomato and raisins	
<b>GANG PANANG NONG GAE</b>	£13.95
Tender lamb shank, in rich panang curry sauce with kaffir leaves	
<b>GANG PA NUA</b>	£9.90
The spiciest beef curry cooked with mixed Thai herbs, vegetables (no coconut milk)	
<b>GANG GAREE GAI</b>	£8.90
Tender chicken thigh curry cooked in a mild turmeric curry paste with potatoes	